



**optalis**  
choices for living

[www.rbwm.gov.uk](http://www.rbwm.gov.uk)



# DAILY LIVING MADE EASY

## FREE PUBLIC EVENT

An opportunity to see simple tools and devices designed to help people who have difficulties with vision, mobility, hearing or general daily living to stay as well and independent as possible.

Refreshments available.

Free gift for the first 30 attendees.

**Everyone is welcome**

**2 May 2018**

**7.30pm to 9.30pm**

**The Spencer Denney Centre,  
Park Corner, Windsor SL4 4EB**



## For local advice and information

### Forestcare-

for information on assistive technology (telecare)  
Tel: 01344 786599

**Housing Solutions** - for information on assistive technology (telecare)  
Tel: 0800 876 6060

**NRS Healthcare** - providing equipment for daily living  
Tel: 0844 893 6960  
Web: <https://www.nrshealthcare.co.uk/>  
Email: [berks@safeandwell.co.uk](mailto:berks@safeandwell.co.uk)

### Adult Social Care

Tel: 01628 683744  
Email: [access.services@rbwm.gov.uk](mailto:access.services@rbwm.gov.uk)

**Signal 4 Carers** - supporting unpaid carers  
Tel: 01628 947974  
Web: [www.signal4carers.org.uk/](http://www.signal4carers.org.uk/)  
Email: [waminfo@signal4carers.org.uk](mailto:waminfo@signal4carers.org.uk)

### Royal Berkshire Fire Rescue

Tel: 0118 9452888  
Web: [www.rbfrs.co.uk/#](http://www.rbfrs.co.uk/#)

**Care Cameras** - to support independent living  
Tel: 020 3633 0110  
Web: [www.care-cameras.co.uk/](http://www.care-cameras.co.uk/)  
Email: [gaye.illsley@realtimerecare.co.uk](mailto:gaye.illsley@realtimerecare.co.uk)

### Grey Matters Consultancy

Tel: 033 0134 0166  
Web: [www.grey-matters-consultancy.com/](http://www.grey-matters-consultancy.com/)

### Heritage Healthcare Windsor

Tel: 01753 428028  
Web: [www.heritagehealthcare.co.uk/windsor](http://www.heritagehealthcare.co.uk/windsor)  
Email: [care@windsor.heritagehealthcare.co.uk](mailto:care@windsor.heritagehealthcare.co.uk)

### Right at Home

Tel: 01628 200068  
Web: [www.rightathomeuk.co.uk/maidenhead/](http://www.rightathomeuk.co.uk/maidenhead/)

### Nest

Tel: 01753 847677  
Web: [www.nesthomecare.co.uk/](http://www.nesthomecare.co.uk/)

### Alzheimer's Dementia Support

Tel: 07516 165647  
Web: [www.alzheimersdementiasupport.co.uk](http://www.alzheimersdementiasupport.co.uk)  
Email: [terrie.hall@alzheimersdementiasupport.co.uk](mailto:terrie.hall@alzheimersdementiasupport.co.uk)

## Keep Safe Stay Well

This is a service designed to provide early help so that people stay as well and independent as possible, and has a particular focus on falls prevention. The service actively helps people to get what they need to keep safe and stay well.

Tel: 0333 1210205 - Monday to Friday  
9am – 1pm (Local rate charged)

Email: [fallsprevention@rbwm.gov.uk](mailto:fallsprevention@rbwm.gov.uk)

## People to Places / Shopmobility

People to Places provide accessible community transport and shopmobility services within the Royal Borough of Windsor & Maidenhead.

### Community Transport Booking Line

Tel: 01628 587920

Available Monday to Friday,  
between 9.30 am – 12.30 pm

### ShopMobility

#### Maidenhead

Tel: 01628 543038

Opening times Monday to Saturday,  
10.00 am – 5.00 pm

#### Windsor

Tel: 01753 622330

Opening times Monday to Saturday,  
10.00 am – 5.00 pm

Email: [info@people2places.org.uk](mailto:info@people2places.org.uk)

Web: [www.people2places.org.uk/](http://www.people2places.org.uk/)

## Public Health

Public Health covers a wide range of services that help to improve quality of life for residents.

**Public Health Team**, Royal Borough of Windsor and Maidenhead, Town Hall, St Ives Road, Maidenhead SL6 1RF. Email: [public.health@rbwm.gov.uk](mailto:public.health@rbwm.gov.uk) Tel: 01628 683520