



**CONTACT
THE ELDERLY**

Be Our Guest!

**Do you live alone and find it difficult to
get out and about?**

If so, a change of scenery and regular afternoons
of conversation and laughter with friends of all ages
could be just what you need.



Company, conversation and a cuppa

Contact the Elderly arrange local afternoon tea parties for people aged 75 or over across England, Scotland and Wales.

One Sunday afternoon a month, each group meets for tea, cake and company. Our hosts take it in turns to welcome you into their home for a couple of hours, and our drivers accompany you to the tea party and make sure you get home safely. This service is free – all you have to bring is yourself!

If you would like to talk to someone about coming along please call our Freephone number **0800 716 543**

Alternatively you can visit our website **www.contact-the-elderly.org.uk** or email us at **guest@contact-the-elderly.org.uk**



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Contact the Elderly is a registered charity in England and Wales (1146149) and in Scotland (SC039377)
Company Number (07869142)