

The Berkshire Transforming Care Partnership (TCP) Easy Read Newsletter



August 2017

Issue 1



A message from Gabrielle Alford, Chair of the Berkshire Transforming Care Partnership (TCP)

Dear Colleagues,

I am in charge of the Berkshire Transforming Care Programme (TCP).

We have been working in Berkshire with health and social care to help people with learning disabilities and/or autism who display behavior that challenges, including those with a mental health condition by putting support in place in community settings.

This newsletter is to remind everyone on what we said we would do and how we have done so far.

With best wishes

Gabrielle Alford



The Berkshire Transforming Care Plan has 4 big aims:

1. Making sure less people are in hospitals by having better services in the community. This means less hospital beds by March 2019.
2. Making sure people do not stay in hospitals longer than they need to.
3. Making sure people get good quality care and the right support in hospital and in the community.
4. Making sure everyone who comes out of hospital has a Care & Treatment Review (CTR). *(we will explain this in later issues)*

The Berkshire Transforming Care Plan said:



- When people will be moved out of hospital.
- How to get the right services in place in the community.
- How to stop people going into specialist hospitals unless they really need to.

Important things to remember

When we talk about hospitals, we mean the Campion Unit in Reading. We do not mean general hospitals like the Royal Berkshire Hospital in Reading where people go if they are hurt or ill.

Also, when we talk about less specialist beds, there will still be beds for people who need care for a short time.



Building the right support

Besides the Board that meets monthly, the TCP also has a 'Joint Operational Group' (JOG) that meet every month to check the groups we setup are doing the work. The groups are as follows:



Finance and Activity - how much money and how many people need support.



Housing and Accommodation - to find suitable homes in the community.



Workforce - staff to help you in the community.



Forensic Community service - specialists who can provide help and support to stop people from getting into trouble.



Autism - improve the care and support for people with autism.



Children & Young People (CYP) - helping young people who are about to become adults.



Primary Care - making sure when you go to visit your GP they help you to take better care of yourself

by doing health checks; having your details on a register and have good records about your health.

Other groups are also required such as ‘Learning Disabilities Death reviews’ (LeDeR); Market shaping - looking at housing; ‘pen picture’ - focus on the person and personal budgets - where you manage your money for your care.

As we work in all the different groups we will tell you more about how it’s progressing.



Update on what we have done so far

We have managed to set-up the work groups as explained above and also the following:

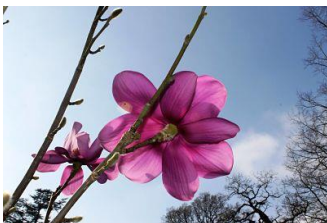
- Closed 7 beds at Little House.
- We have managed to get money for 10 people to be able to buy their own homes (Home Ownership for people with Long-Term Disabilities - HOLD). We have 6 people at the moment and need another 4.
- We have managed to get money to help with the new service called ‘Intensive support team’ (IST) in the community - this is to help people have a happy and healthy life outside of hospital.
- The money from the beds that closed at Little house will also help with the IST.
- We have also been given money to help with the plans of 4 patients on leaving hospital.
- We have also asked for money to adapt a property into 6 flats.
- We have been given money to help us with the work on the housing & accommodation group.

What more needs to be done?



We have a huge amount of work to do, such as:

- We still need to close another 10 beds by 2019.
- We need to know what number of people will need to be housed and supported in the community.
- We need to know about people from Berkshire who are looked after in other areas so we can help them to move back to be closer to their friends and family.
- We need to understand what the people's specific needs will be, so they can live in the community.
- We need to have plans on housing; what's available and types that could suit different people.
- We need to make sure we have the staff with the right skills.
- We will need to make sure there is money made available for this work and support in the community.



Focus on Learning Disabilities Mortality Review (LeDeR) Programme

The LeDer programme of work is there for us to identify people who have a learning disabilities and/or autism who display behaviour that challenges, including those with a mental health condition and died unexpectedly.



We are doing this so we can learn how to stop people from dying unexpectedly and do things differently.

We are helped with this work by Bristol University and anyone can notify a death, see details below:

<https://www.bris.ac.uk/sps/leder/notification->

[system/](#)

or by phone: 0300 777 4774

What are we doing locally?

In Berkshire we have two LeDer programmes and have people who are leading on it as follows:

- East Berkshire Leads: Paul Corcoran (Quality Improvement Manager); Dr Lalitha Iyer (Medical Director) and Sarah Bellars (Director of Nursing). Plus Local Area Contact (LAC) to commence in Aug.
- Berkshire West Leads: Debbie Simons (Director of Nursing) Jane Thomson (Assistant Director of Quality & Nursing).

Both areas have made plans and started to train staff to look at the information about the deaths. They will then help the TCP Board and other groups to make some changes.

How you can get involved?

In autumn there will be a launch of several You Tube videos to help inform families and close friends to support LeDer. One will give personal accounts of taking part in LeDeR reviews of a relative's death, another an outline of learning and improvements that have already happened because of changes we have made. Others will describe how the LeDeR programme works and feature the views of family carers when they have heard about it.

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