

On equal terms Through the pandemic

Healthwatch Windsor, Ascot and Maidenhead Annual Report 2020-21



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Message from our Head of Healthwatch

Introduction:

It has been a year of change for all of us and at Healthwatch Windsor, Ascot and Maidenhead we adapted to new ways of working during the Covid-19 pandemic, along with many other organisations. Much of our planned public engagement and visits to services paused and we delivered an increased focus on providing advice, signposting and digital engagement.

To support the local response to Covid-19 we worked closely with our partners in the council and the voluntary and community sector. Early in the year we undertook a borough wide survey seeking to identify and understand the information, advice and support needs of residents impacted by the COVID-19 pandemic and this is covered later in this report.



Over the coming year we look forwards to working for and with the communities and people of Windsor, Ascot and Maidenhead. It is now more important than ever for us hear your experiences of using health and social care services so please keep contacting us".

In 2019, Slough Borough Council, the Royal Borough of Windsor and Maidenhead (WAM) and Bracknell Forest Council made a joint decision to commission a single Healthwatch service across East Berkshire. In January 2021 a new host provider, Help and Care, were commissioned to provide the service and we were delighted to join forces with Healthwatch Bracknell Forest and Healthwatch Slough to provide an integrated Healthwatch service across East Berkshire.

This report therefore covers the periods: 04/2020 to 12/1220 where the ARK Trust were the Healthwatch WAM host provider and 01/2020 to 03/2020 where Help and Care were the host provider.



Neil Bolton-Heaton

Head of Healthwatch - Windsor, Ascot and Maidenhead, Bracknell Forest, Slough, Hampshire, Wokingham.

About us

Here to make health and care better

We are the independent champion for people who use health and social care services in Windsor, Ascot and Maidenhead. We're here to find out what matters to people and help make sure your views shape the support you need, by sharing these views with those who have the power to make change happen.

Helping you to find the information you need

We help people find the information they need about services in their area. This has been vital during the pandemic with the ever-changing environment and restrictions limiting people's access to health and social care services.

Our goals



1 Supporting you to have your say

We want more people to get the information they need to take control of their health and care, make informed decisions and shape the services that support them.



2 Providing a high quality service

We want everyone who shares an experience or seeks advice from us to get a high quality service and to understand the difference their views make.



Ensuring your views help improve health & care

We want more services to use your views to shape the health and care support you need today and in the future.



"Local Healthwatch have done fantastic work throughout the country during the COVID-19 pandemic, but there is more work ahead to ensure that everyone's views are heard. COVID-19 has highlighted inequalities and to tackle these unfair health differences we will need those in power to listen, to hear the experiences of those facing inequality and understand the steps that could improve people's lives."

Sir Robert Francis QC, Chair of Healthwatch England

Highlights from our year

Find out about our resources and how we have engaged and supported people in 2020-21.

Listening and supporting

This year



195 people shared their experiences of health and social care.

337 people participated in our surveys.

384 people were provided with individual personal advice and information.

Responding to the pandemic



We engaged with and supported

16,851

people during the COVID-19 pandemic this year

Connecting with you digitally



35,735 impressions on Twitter and 371 maximum followers **22,667** impressions on Facebook and 101 maximum followers

Our website:

15,318 visitors

21,713 page views

Our e-bulletin:

145 subscribers

Health and care that works for you



21 volunteers

helped us to carry out our work.

We employ 2 staff

We received

£68,860

from our local authority in 2020-21.



Theme one: Healthwatch during Covid-19



From the start of the COVID-19 pandemic we had to postpone our face-to-face engagement and adapt our plans and ways of working. This ensured that we continued to reach and provide information and support to the residents of Windsor, Ascot and Maidenhead.

Over the course of the year, we undertook the following activity to achieve this:

Supporting

- Worked in partnership with local pharmacies to deliver essential medicines to vulnerable people across the brough.
- Provided community volunteers to support the community response.
- Provided foodbank referral and deliveries to residents.

Informing

- Produced and promoted COVID-19 related information and advice across all our channels and networks.
- Created a COVID-19 specific section to our website.
- Provided individual advice and signposting to residents.

Acting and influencing

- Provided insight to the Medicines in Care Homes Task Force.
- Shared insight and intelligence about health and social care services to providers and commissioners across East Berkshire.
- Launched a survey to understand the information, advice and support needs of residents impacted by the COVID-19 pandemic.
- Launched a survey to understand What Matters Most for residents in terms of health and social care services.
- In partnership with Healthwatch Surrey and Healthwatch Hampshire we provided insight and intelligence on peoples experience of Frimley Health NHS Foundation Trust for the year 20/2021.

Representing

Attended meetings to represent the views and experiences of residents.



"Still waiting for a scan that was requested by my doctor at the beginning of March." Feedback from a resident





Share your views with us

If you have a query about a health and social care service, or need help with where you can go to access further support, get in touch. Don't struggle alone. Healthwatch is here for you.

www.healthwatchwam.co.uk 0300 0120184

info@healthwatchwam.co.uk



Theme two: What Matters Most

In addition to the insight we have received over the year, in February 2020 we started our What Matters Most project to understand what matters most to the people of Windsor, Ascot and Maidenhead in relation to their Health and Social Care.

We launched a survey, and 244 residents shared their views and experiences with us.

We asked which services people thought Healthwatch WAM should be focusing on in the coming year.

32% said GP services

23% said improving overall access to health and social care services

17% said Mental Health services



We also asked residents about their experiences of local services:

219 negative experiences were shared with us, with the following factors influencing the experience:

- Difficulties making appointments.
- Waiting times upon arrival at service and to get an appointment.
- · Negative staff attitudes.
- Lack of follow up care
- Poor communication.
- Heavy reliance on technology.

337 positive experiences reported with people valuing health and social care services that had:

- Professional, kind, and friendly staff/volunteers.
- Easy to book appointments.
- Short waiting times upon arrival.
- Access to parking.
- Were efficient and well organized, accessible.
- · Good communication.



"Access to my GP during the last year has been better, ironically. I like the new online service." Survey respondent

The report has supported us to identify our priorities for the year ahead and we look forward to working with residents, providers and commissioners on the issues that have been raised.

The report will be shared with the relevant service providers, and other external stakeholders, to support local health and social care services in providing improved care to its users.



To read the full report please go here

Top four areas that people have contacted us about:









Case study



The daughter of an elderly carer contacted us to enquire how her parents could access help and support from the local authority. Our team informed the caller that the callers parents may be entitled to a care and support needs assessment, and that her father would also be entitled to a carers assessment. Our team provided the contact details for the various local authority team and signposted the caller to additional information so they would be fully aware of any entitlements they may have.



Contact us to get the information you need

If you have a guery about a health and social care service, or need help with where you can go to access further support, get in touch. Don't struggle alone. Healthwatch is here for you.



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Volunteers





Healthwatch Windsor, Ascot and Maidenhead were supported by 21 volunteers to help us find out what people think is working, and what improvements people would like to make to services.

This year our volunteers:

- Supported the Healthwatch Windsor, Ascot and Maidenhead board.
- Helped with the local volunteer response to the COVID-19 pandemic.

Make a difference to Healthwatch Windsor, Ascot and Maidenhead and become a board member.

Healthwatch Windsor, Ascot and Maidenhead is looking for new voluntary Board Members for its local leadership board. As a Board Member, you will have a responsibility for contributing to policy and strategic direction, helping define goals and targets as well as evaluating performance. You would also represent Healthwatch Windsor, Ascot and Maidenhead at key meetings and help influence change in services based on insight reports.

We are looking for people with relevant knowledge and experience and a commitment to want to see better outcomes in health and care for the residents Windsor, Ascot and Maidenhead. To find out more and to apply contact us or visit the board section of our website by clicking here.

For our other volunteer roles

Are you feeling inspired? We are always on the lookout for new volunteers. If you are interested in volunteering, please get in touch at

www.healthwatchwam.co.uk/volunteer

0300 0120184

info@healthwatchwam.co.uk

Finances

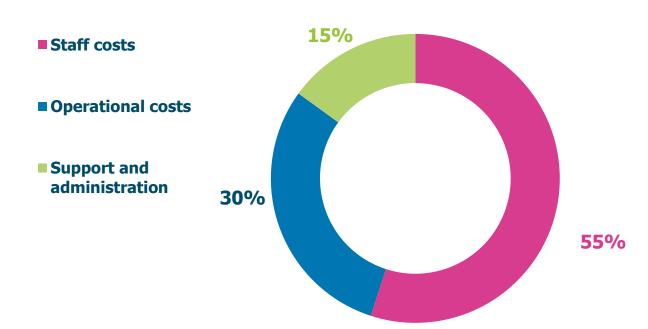
To help us carry out our work we receive funding from our local authority under the Health and Social Care Act 2012.



■ Funding received from local authority



Expenditure



Next steps & thank you

Top three priorities for 2021-22

- 1. Access to GP Services
- 2. Social Care
- 3. Mental Health

Next steps

- Refreshing our volunteer offer and development of new volunteer roles.
- Developing a Healthwatch Ambassador Programme to increase our reach to seldom heard communities.
- Delivering our Enter and View Programme as Government COVID-19 guidance allows.



"COVID-19 has highlighted and multiplied many of the inequalities that existed pre pandemic and increased health inequalities are a central part of that. We need to further reach out and understand the experiences of seldom heard individuals and communities in order to address this".

Neil Bolton-Heaton – Head of Healthwatch Windsor, Ascot and Maidenhead, Bracknell Forest, Slough, Hampshire, Wokingham.

Thank you

- Members of the public who shared their experiences and views with us.
- All our amazing staff and volunteers.
- Windsor, Ascot and Maidenhead Community & Voluntary organisations.
- Health and Social Care service providers and commissioners.
- The Royal Borough of Windsor and Maidenhead.
- Help and Care for providing us with infrastructure, backup and support.



Statutory statements

About us

Help and Care, A49, Aerodrome Studios, Airfield Way, Christchurch, Dorset, BH23 3TS. Registered Company No. 3187574 | Registered Charity No. 1055056.

Healthwatch Windsor, Ascot and Maidenhead uses the Healthwatch Trademark when undertaking our statutory activities as covered by the licence agreement.

The way we work

Involvement of volunteers and lay people in our governance and decision-making.

Our Healthwatch board consisted of 6 members who worked on a voluntary basis to provide direction, oversight and scrutiny to our activities. Our board ensures that decisions about priority areas of work reflect the concerns and interests of our diverse local community. Through 2020/21 the board met twice and made decisions on matters such as COVID-19 response.

We ensure wider public involvement in deciding our work priorities and in 2021 we ran a prioritisation survey asking the public what they would like us to prioritise. We interrogate out data and intelligence on a monthly basis to identify common themes and concerns that we need to address. We regularly attend a variety of forums to hear directly about the health and social care experiences of patients and the public.

Methods and systems used across the year's work to obtain people's views and experience.

We use a wide range of approaches to ensure that as many people as possible have the opportunity to provide us with insight about their experience of health and care services. During 2020/21 we have been available by phone, by email, provided a webform on our website, attended virtual meetings of community groups and forums, provided our own virtual activities and engaged with the public through social media.

We are committed to taking additional steps to ensure we obtain the views of people from diverse backgrounds who are often not heard by health and care decision makers. This year we have done this by, for example, undertaking 2 surveys and regularly attending forums in the borough such as WAM Get Involved, One Borough, #RBWM Together and the Older Person's Advisory Forum.

We ensure that this annual report is made available to as many members of the public and partner organisations as possible. We publish it <a href="https://example.com/here.co

2020-21 priorities

Project / activity area	Changes made to services
Prioritisation Survey – What Matters Most	Not yet known due to informing priorities for the 20/2021 year.
COVID-19 response	Ensuring essential access to medicines and local foodbanks.
Increase digital reach and monitoring	Increased digital communications and improved intelligence collection e.g. monitoring social media to identify concerns with health and social care.
COVID-19 survey - understand the information, advice and support needs of residents impacted by the COVID-19 pandemic	Shared findings with statutory and voluntary sector partners.

Responses to recommendations and requests

All providers responded to requests for information or recommendations.

This year, due to the COVID-19 pandemic, we did not make use of our Enter and View powers. Consequently, no recommendations or other actions resulted from this area of activity.

There were no issues or recommendations escalated by our Healthwatch to Healthwatch England Committee and so no resulting special reviews or investigations.

Health and Wellbeing Board

Healthwatch Windsor, Ascot and Maidenhead is represented on the Royal Borough of Windsor, Ascot and Maidenhead Health and Wellbeing Board by Rafal Nowotynski, Healthwatch East Berkshire Manager. During 2020/21 our representative has effectively carried out this role by communicating the voice of Windsor, Ascot and Maidenhead residents in respect to Health and Social Care experiences and involvement.

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Healthwatch Windsor, Ascot and Maidenhead, c/o Help and Care, A49 Aerodrome Studios, Airfield Way, Christchurch, Dorset, BH23 3TS.

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